

# Green Orange Juice

## Ingredients

- ¼ Cup Almonds
- A hand full of cashews
- 280ml Water
- 9 pitted dates
- 5 peeled oranges
- 1 pack baby spinach
- 1 tsp vanilla powder
- 8 ice cubes

Blend the Almonds, Cashews and Water in super blender till smooth. Add the dates and blend, the oranges and blend, the spinach and blend, the vanilla and ice cubes and blend.

Enjoy it &



[www.gonatural.co.za](http://www.gonatural.co.za)