

Nut Chocolate

Ingredients:

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| 1. Almonds x 2 cups | A |
| 2. Coconut oil, 2 x Tbsp | B |
| 3. Raw Cacao powder, 3 x Tbsp | B |
| 4. Honey, 3 x Tbsp | B |

Preparation:

1. In a Magi-Mix or similar low speed mixer, grind the almonds to a medium broken consistency.
2. Add all the “B” ingredients and mix till uniform consistency.
3. Pour the Chocolate syrup in an ice cube holder and put it in your refrigerator.
4. Cool down for 30 minutes and remove

Enjoy it &



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